



MRS. ANNA RAO

Qualification: GNM; Post Basic B.Sc. Nursing; Community Commitment Program for Nurses; National Fellowship in Palliative Nursing; Family Participatory Care

Designation: Tutor

Description: Ms. Anna Rao is a nursing professional with 31 years of experience in clinical practice, education, and administration. She completed her General Nursing and Midwifery (GNM) programme from the Methodist School of Nursing, Nadiad.

Her professional career began at the DDMM Institute of Cardiology, the first non-governmental heart institute in Gujarat, where she served as Cath Lab In-Charge for 10 years. This tenure significantly shaped her development as a clinician, academician, and administrator. During her service at the institute, she played a key role in establishing the Central Sterile Supply Department, setting up a canteen to provide therapeutic diets, and initiating a Nurse Assistant Course.

In 2004, she began her academic career as a Nursing Tutor at her alma mater, the Methodist School of Nursing, where she contributed to the academic and professional development of nursing students and also served as the Student Nurses' Association Advisor. She joined Shri G. H. Patel School of Nursing under Charutar Arogya Mandal in 2007, which is now part of Bhaikaka University, as a Nursing Tutor. In addition to teaching, she has served the institution in various academic and administrative capacities.

She has co-authored and published research papers titled “Perception of Nursing Students towards Learning Environment and their Perceived Academic Stress” and “Attitude and Practice of Nurses towards the Use of Nursing Assessment Format.”

Alongside her academic responsibilities, her commitment to patient care and service motivated her to pursue specialized training in Palliative Care. She has completed several nationally and internationally recognized programmes, including the Certificate Course in Palliative Nursing from Pallium (a WHO training centre) in 2017, the National Fellowship in Palliative Nursing from the Institute of Palliative Medicine, Kozhikode, in 2021, and the Fellowship in Palliative Care in 2023 jointly offered by the Institute of Palliative Medicine and St. Christopher’s Hospice, UK. She also completed a specialized Training of Trainers (ToT) programme for nursing faculty through Pallium in 2025.

She is empanelled with the National Health Systems Resource Centre (NHSRC) as a National Trainer and Individual Consultant in the area of Training and Capacity Building in Palliative Care, enabling her to train nursing professionals across India and internationally. She has served as a guest speaker at the Pre-Conference Workshop for Nurses and at the International Conference of the Indian Association of Palliative Care (IAPCON 2024), hosted by the Department of Palliative Medicine, Gujarat Cancer and Research Institute, on the theme “Revisiting the Domains of Palliative Care.”

She actively participates in advocacy initiatives for palliative care and is deeply involved in training healthcare professionals in this specialized field. Her dedication to academics earned her the Star Academician Award from Bhaikaka University in 2024. In the same year, her contributions as a nursing educator and her impactful work in palliative care were also recognized by the Rotary Club of Anand Milk City.