



## MS. MURAL CHRISTIAN

**Qualification:** M.Sc. Nursing (Mental Health Nursing); B.Sc. Nursing

**Designation:** Assistant Professor

**Description:** Ms. Mural Christian is an Assistant Professor by profession with six years of teaching experience and 1.5 years of clinical experience. She specializes in Mental Health Nursing.

She is responsible for coordinating the teaching–learning process and providing clinical supervision to nursing students in ward settings. She has experience in teaching both undergraduate and postgraduate courses and employs a variety of instructional strategies, including lectures, case-based discussions, problem-based learning, seminars, and technology-enabled teaching methods. She regularly uses formative and summative assessments to monitor student progress and provide constructive feedback. She also guides undergraduate students in research activities as assigned.

Ms. Christian has published original research papers in reputed journals such as the International Journal of Psychiatric Nursing, International Journal of Public Health, and the Indian Journal of Forensic Medicine and Toxicology. She has also presented a research paper at a national-level conference on Research Methodology.

In recognition of her research excellence, she received the CHARUSAT Research Paper Award in 2020 for her paper titled “The Effectiveness of Spiritual Prayer in Reducing the Level of Depression among Orphan Children,” published in the Indian Journal of Public Health Research & Development.